



Adult Coed Volleyball League Rules

Leagues will play with current rules established by National Federation of State High School Associations, except for these exceptions or modifications.

Rosters

It is recommended that you have subs on your team's roster/waiver form; even if you do not think you will need them, to avoid having to forfeit a match due to an unforeseen event (injury, player out of town, etc.). By the roster freeze date of September 16, all subs must be added to a printed roster/waiver form. It is not necessary to have a sub's signature when they are added to the roster/waiver, but the sub must sign the roster/waiver form before playing in any match. There will be no adding of any players after the rosters are frozen. Rosters will be limited to a maximum of 12 people. All players must sign the roster and Athletic Code of Conduct form before legally playing.

For a player on your roster to be eligible for tournament play they must have played in 1 game in a regular season match.

Game Time

The scheduled match time is forfeit time. There is no grace period. If the first game is ruled a forfeit, the second game of the match will be declared a forfeit 15 minutes after the originally scheduled match time. If the second game is declared a forfeit, the third game is automatically declared a forfeit.

In tournament play, the entire match will be ruled a forfeit at game time.

Scoring Points and Matches

Matches will always play 3 games, with all 3 counting in team standings. The third game will always be played. During regular season there is no "best of" match.

Rally scoring format is used in all three games.

In regular season play, all games will play to exactly 21 points. In an effort to stay on schedule, if a third game/set of a regular season match is starting less than 15 minutes before the next match time, the third game will only be played to 15 points. This game will end when one team reaches 15 points. If there are 15 minutes or more before the next match is scheduled to begin, the third game/set will be played until one team reaches 21 points, as usual.

In tournament play, the first 2 games will be played to 21 points, win by 2 (cap of 25), and game 3 (if necessary) will be played to 15 points, win by 2 (cap of 20).

Net Placement

The height of the net shall be 7 feet, 11 5/8 inches.

The Ball

Goodlettsville Parks and Recreation will provide the ball.

Legal Uniform

There is no uniform requirement in the adult coed league.

Team Players

A team may start each game with 4, 5, or 6 players. **No less than 4 players** may play at anytime in the match or the match will be considered a forfeit.

A team that begins a game with less than six players may insert a fifth or sixth player in the game at any time (only in CB or LB). For the remainder of that game, the team is treated as if they started the game with the higher number of players.

Teams may play with a minimum of 2 women and a maximum of 4 men on the court. If a team only has 5 players, then it must play with a minimum of 2 women and a maximum of 3 men. If a team only has 4 players it must play with 2 women and 2 men.

Team members must be 16 years of age or older. If they are under the age of 18 then their parent must sign the roster/waiver form for them.

Player Positions

A team playing with four players must play a combination of two players front-row and two players back-row, and must specify the back-row and front-row players and serving order before the game and may not alter positions during the game. When playing with four players, a team may not play three players in the front-row.

A team playing with five players must play a combination of 3 players in the front-row and two in the back-row, or 2 players in the front-row and three in the back-row.

A team that finishes a match with fewer players than it started with will be penalized with a side out when the vacant position is the right back position.

Libero Position

The Libero position is not used in any form.

The Serve

The let serve is a legal serve.

A coin toss will determine serving order. Service will then alternate for the duration of the match.

Teams will not rotate prior to their first service of each game.

Contacting the Ball

When the ball is played more than once by a team, at least one of the contacts must be made by a female player (except in the case of a block, which does not count as a hit).

When both male and female teammates contact the ball at the same instant, it is permitted and considered one female hit (except a block, which does not count as a hit). Any player may make the next hit.

Substitutes

A player is not limited to three entries in a game. Players may only sub into the back-row positions CB or LB, never the front-row and never the serve position.

An exception is made in case of injury, but the injured player may not return to the match in progress. The injury must be reported to and verified by the referee. When replacing an injured player on the front row or entering the serve position, the opposing coach has the option of selecting the substitute if more than one eligible player in on the bench (this includes a female as a sub for a male). The replacement player can be removed for a regular sub once they reach the CB or LB position.

Time-Outs

Each team is limited to 1 time out per game, not to exceed one minute.

Referee

The referee has the final decision on any judgment calls. If he/she thinks the point needs to be replayed, then the point will be replayed at that time. Any complaints about referees can be brought to the Recreation Supervisor's attention as soon as possible.

Schedule Requests

At time of registration, requests for game times will need to be turned into Robbie Brigham, Recreation Supervisor and every effort will be made to accommodate, however no guarantees will be made. No request will be accepted for tournament scheduling, seeding will determine game times and dates for tournament play. The Recreation Supervisor must approve any and all game changes before they can take effect. **The Recreation Supervisor makes all final decisions.**

If problems do arise, people to whom the problem involves should bring them to the attention of the Recreation Supervisor. There should be no outside parties involved.

****Goodlettsville Parks and Recreation has the right to amend any rule at anytime during the season.**

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